**HAPKIDO CLASSES (Adults)**

**Monday** 10.30am 6.30pm

**Tuesday** 7.00pm

**Wednesday** 10.30am 6.30pm

**Thursday** 10.30am 7.00pm

**Friday** 9.00am 4.30pm 6.30pm

**Saturday**  10.30am

**HAPKIDO CLASSES (CHILDREN)**

**Monday** 4.00pm

**Tuesday**  3.30, 4.30pm

**Thursday**  3.30, 4.30pm

**Saturday**  9am